# How does $\beta$-cyclodextrin affect the aggregation of sodium perfluoroheptanoate in aqueous solution: a ${ }^{19}$ F NMR study 

Sérgio Lima • Cristiano Andrade-Dias •<br>Ana M. A. Dias • Isabel M. Marrucho -<br>João A. P. Coutinho • José J. C. Teixeira-Dias

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#### Abstract

H}\) and ${ }^{19} \mathrm{~F}$ NMR spectra were recorded for $\mathrm{D}_{2} \mathrm{O}$ solutions of sodium perfluoroheptanoate with defined concentrations up to 200 mM , in the absence and presence of $\beta$-cyclodextrin ( 15 mM ). Analysis of ${ }^{1} \mathrm{H}$ chemical shift data obtained by the method of continuous variations (Job's method) confirms the formation of 1:1 inclusion complexes for the perfluoroheptanote anion in $\beta$-cyclodextrin and leads to an estimate for the apparent inclusion constant $\left(\geq 10^{4}\right.$ $\mathrm{M}^{-1}$ ). In addition, analysis of ${ }^{19} \mathrm{~F}$ chemical shift data based on two simplifying assumptions (monodisperse perfluoroheptanoate solutions below the critical micellar concentration (CMC), and a single self-associated state after the CMC) enables to interpret all the experimental chemical shift data and allows to determine CMC values for the absence and presence of $\beta$ cyclodextrin ( 104 and 116 mM ). It is shown that the self-association of perfluoroheptanoate and its inclusion in $\beta$-cyclodextrin lead to shielding and deshielding of the fluorine atoms, respectively.


Keywords Aqueous solution • $\beta$-Cyclodextrin • Critical micellar concentration • Inclusion - NMR chemical shifts • Self-association • Sodium perfluoroheptanoate

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## Introduction

Perfluorocarbons (PFCs) are well known for their hydrophobicity and rigid molecular skeleton [1-6]. They are powerful wetting agents and indispensable as emulsifiers in many industrial applications, including emulsion polymerization of chlorocarbons and fluorocarbons, and in a variety of biomedical applications, including the development of oxygen-carrying fluorocarbon emulsions, pulmonary drug and gene delivery [7, 8]. However, these compounds are strongly hydrophobic, and for this reason their study in aqueous solutions is only possible if they are previously transformed to increase their solubility in water. A high surface tension can be added to the properties of PFCs when a hydrophilic group is bonded to a PFC chain originating an amphiphilic molecule [9]. Other attempts to solubilize highly fluorinated compounds in aqueous media may consist of their inclusion into native cyclodextrins-cyclic oligosaccharides composed of six ( $\alpha$-cyclodextrin, $\alpha \mathrm{CD}$ ), seven ( $\beta$-cyclodextrin, $\beta \mathrm{CD}$ ) or eight ( $\gamma$-cyclodextrin, $\gamma \mathrm{CD}$ ) $\alpha(1-4)$-linked glucopyranose residues [10-12]. Previous studies have concluded that the inclusion strongly depends on the cavity diameter, suggesting that the fluorocarbon chain cannot fit into the cavity of $\alpha$ CD, fits snugly inside the cavity of $\beta \mathrm{CD}$, and loosely inside the cavity of $\gamma \mathrm{CD}$ [13-19]. A recent study about oxygen solubility in aqueous solution of PFCs shows that oxygen preferentially interacts with the PFC surfactant molecules in the formed micellar aggregates [20]. If $\beta$ CD is added to the aqueous solution containing the PFC surfactant, the PFC chain includes in the $\beta$ CD cavity with the subsequent increase of the PFC surfactant critical micellar concentration (CMC) [20]. In addition,
experimental evidence has been recently provided suggesting that the $\beta$ CD•PFC inclusion complexes might disturb the formation of surfactant micellar aggregates [20, 21]. As these two latter effects retard and disrupt the formation of surfactant aggregates, oxygen solubility passes through a minimum as the PFC surfactant molecule initial concentration increases for a defined $\beta \mathrm{CD}$ concentration [20].

The topology of the $\beta \mathrm{CD}$ macrocycle and the mode and extent of host-guest interactions can be effectively probed by ${ }^{1} \mathrm{H}-\mathrm{NMR}$, in particular, by the chemical shifts variations of the H3 and H5 protons inside the $\beta$ CD cavity [22, 23]. Since the host-guest systems are in the NMR fast exchange chemical shift limit, the observed chemical shifts of the host and guest resonances are averages of the chemical shifts for the free and complexed states, weighted by the mole fractions of each state [24]. When sodium perfluoroheptanoate ( PFH ) aggregates are formed in the presence of $\beta \mathrm{CD}$, a competition is set up between PFH inclusion in $\beta \mathrm{CD}$ and its self-association in the dispersion medium [20]. Since guest inclusion and self-association processes are interdependent processes, one may expect variations in the chemical shifts of the observed PFH fluorine atoms that might lead to a better understanding of the $\beta \mathrm{CD}$ influence on the PFH self-association process [25].

In this work, the aggregation process of sodium perfluoroheptanoate in the presence of $\beta \mathrm{CD}$ is monitored by analysis of the recorded NMR chemical shift variations for the various PFH fluorine atoms. The effect caused by the cyclodextrin presence in the formation of PFH aggregates, as the initial concentration of $\mathrm{PFH},[\mathrm{PFH}]_{\mathrm{o}}$, increases for a defined value of $[\beta C D]_{o}$, is considered and discussed.

## Materials and methods

Perfluoroheptanoic acid (Aldrich, $>98 \%$ ), $\beta$ CD (kindly donated by Wacher), NaOH (Merck, $>99 \%$ ) and

1-butanol (Lab-Scan, 99\%) were used as received without further purification. Sodium perfluoroheptanoate was prepared by neutralizing 25.0 g of the corresponding acid with 2.8 g of NaOH in ca. 100 mL of $1-$ butanol. After recrystallizing the salt from 1-butanol, 14.4 g of PFH were obtained and dried in high vacuum for several hours at ca. $200^{\circ} \mathrm{C}$. The purity of PFH was confirmed by ${ }^{1} \mathrm{H}-\mathrm{NMR}$ in DMSO and by IR.
${ }^{1} \mathrm{H}$-NMR and ${ }^{19} \mathrm{~F}$-NMR spectra were recorded on a Bruker DRX 300 spectrometer, at $20^{\circ} \mathrm{C}$. The water (HDO) chemical shift, $\delta=4.83 \mathrm{ppm}$, was used as internal reference for ${ }^{1} \mathrm{H}-\mathrm{NMR}$ spectra [26, 27]. Its sensitivity to pH changes has been reported to be -2 ppb per pH unit [28], that is, two orders of magnitude below the recorded chemical shift changes (for example, the chemical shift change observed for the $\beta \mathrm{CD}$ H3 protons and $r=0.5$ is 0.16 ppm$)$. For ${ }^{19} \mathrm{~F}-\mathrm{NMR}$ spectra $\mathrm{C}_{6} \mathrm{~F}_{6}$ was used as reference. The NMR spectra were always recorded using freshly prepared and unbuffered $\mathrm{D}_{2} \mathrm{O}$ solutions [29]. This precaution was taken in order to avoid any effect resulting from possible inclusion of buffer anions in $\beta \mathrm{CD}$ [30].

Concerning the inclusion of PFH in $\beta \mathrm{CD}$, guest size in relation with cavity dimension constraints were assessed by model calculations carried out with the Gaussian 03 set of programs [31]. The PFH and $\beta \mathrm{CD}$ geometries were fully optimized with the B3LYP/6-31G(d) and semi-empirical PM3 calculations, respectively. The geometry for the $\beta$ CD•PFH inclusion complex was optimized at the semi-empirical PM3 level, keeping as constants all the previously optimized PFH intramolecular geometric parameters. The optimized geometry for the 1:1 inclusion complex is shown in Fig. 1.

The stoichiometry of the inclusion complexes in aqueous solution was experimentally determined by a method due to Job, generally known as the continuous variation method or Job's method [32, 33]. This method, applied to the chemical shift variations of the $\beta$ CD H5 and H3 protons located in the cyclodextrin cavity interior, yielded a $1: 1$ stoichiometry for the

Fig. 1 Side and top GaussView images for the inclusion complex $\beta \mathrm{CD} \cdot \mathrm{PFH}$. GaussView is a graphical user interface for Gaussian produces

$\beta$ CD•PFH inclusion complex (Fig. 2). The first five points of the Job's plot can be fitted with a straight line whose $R^{2}=0.9996$. This experimental result can be used to estimate a minimum value for the apparent inclusion constant $\left(K_{\mathrm{HG}}=[\mathrm{HG}] /([\mathrm{H}][\mathrm{G}])\right.$, where $[\mathrm{H}]=[\mathrm{H}]_{\mathrm{o}}-[\mathrm{HG}]$ and $\left.[\mathrm{G}]=[\mathrm{G}]_{0}-[\mathrm{HG}]\right)$ found to be of the order of magnitude of $10^{4} \mathrm{M}^{-1}$.

## Results and discussion

The model
In order to interpret the chemical shift variations observed for the PFH fluorine atoms, we assume a monodisperse PFH aqueous solution containing $\beta$ CD (in this work, $[\beta \mathrm{CD}]_{\mathrm{o}}=15 \mathrm{mM}$ ) and, above the PFH CMC , a single self-associated state for $\mathrm{PFH}, \mathrm{PFH}_{n}$. These assumptions lead to the consideration of three distinct PFH fluorine atom states: in the free PFH monomer, in the $1: 1$ host-guest $\beta$ CD•PFH inclusion complex and, above the PFH CMC, in the self-associated $\mathrm{PFH}_{\mathrm{n}}$ state. Since no distinct ${ }^{19} \mathrm{~F}$ NMR resonances were observed for these distinct states (fast exchange regime), the recorded chemical shifts change linearly with the mole fractions of the distinct states [24],
$\delta=x_{\text {PFH }} \delta_{\text {PFH }}^{\mathrm{o}}+x_{\beta \mathrm{CD} \text {.PFH }} \delta_{\beta \mathrm{CD} \text { PFH }}^{\mathrm{o}}+x_{\text {PFHn }} \delta_{\text {PFHn }}^{\mathrm{o}}$
where $x$ stands for mole fraction and $\delta^{\circ}$ represents the chemical shift when the corresponding mole fraction equals 1 (the remaining mole fractions are zero). As


Fig. 2 Job's plot for $\mathrm{D}_{2} \mathrm{O}$ solutions of $\beta \mathrm{CD}$ and PFH , at $20^{\circ} \mathrm{C}$. Chemical shifts variations refer to $\mathrm{H} 3(\bullet)$ and $\mathrm{H} 5(\mathbf{\square})$ protons of $\beta$ CD
the mole fractions add to unity ( $x_{\mathrm{PFH}}+x_{\beta \mathrm{CD} \text {. PFH }}+$ $x_{\text {PFHn }}=1$ ), substitution of $x_{\mathrm{PFH}}=1-x_{\beta \mathrm{CD} \cdot \mathrm{PFH}}-x_{\mathrm{PFHn}}$ in (1) leads to

$$
\begin{align*}
\delta= & \delta_{\mathrm{PFH}}^{\mathrm{o}}+x_{\beta \mathrm{CD} \cdot \mathrm{PFH}}\left(\delta_{\beta \mathrm{CD} \cdot \mathrm{PFH}}^{\mathrm{o}}-\delta_{\mathrm{PFH}}^{\mathrm{o}}\right) \\
& +x_{\mathrm{PFHn}}\left(\delta_{\mathrm{PFHn}}^{\mathrm{o}}-\delta_{\mathrm{PFH}}^{\mathrm{o}}\right) \tag{2}
\end{align*}
$$

If general Eq. 1 is written for the solution with the lowest concentration of PFH (this solution, herein indicated by subscript " i ", has $[\mathrm{PFH}]_{\mathrm{o}}=5 \mathrm{mM}$ and $\left.[\beta C D]_{\mathrm{o}}=15 \mathrm{mM}\right)$, one obtains $\delta_{\mathrm{i}} \approx \delta^{\mathrm{o}}{ }_{\beta \mathrm{CD} \cdot \mathrm{PFH}}$, as $x_{\mathrm{PFHn}, \mathrm{i}}=0\left([\mathrm{PFH}]_{\mathrm{o}}\right.$ is well below the PFH CMC) and $x_{\beta \mathrm{CD} \cdot \mathrm{PFH}, \mathrm{i}} \approx 1\left([\beta \mathrm{CD} \cdot \mathrm{PFH}] \approx[\mathrm{PFH}]_{\mathrm{o}}\right.$, as there is an excess of $\beta$ CD over PFH). Subtracting $\delta_{\mathrm{i}}$ to $\delta$ in (2) and rearranging the resulting equation yields

$$
\begin{align*}
\Delta \delta= & \delta-\delta_{\mathrm{i}} \approx\left(x_{\beta \mathrm{CD} \cdot \mathrm{PFH}}-1\right)\left(\delta_{\beta \mathrm{CD} \cdot \mathrm{PFH}}^{\mathrm{o}}-\delta_{\mathrm{PFH}}^{\mathrm{o}}\right) \\
& +x \mathrm{P}_{\mathrm{FFn}}\left(\delta_{\mathrm{PFHn}}^{\mathrm{o}}-\delta_{\mathrm{PFH}}^{\mathrm{o}}\right) \tag{3}
\end{align*}
$$

that is, the subscript " i " refers to the zero- $\Delta \delta$ solution. This expression is not in a convenient form for analysis of chemical shift variations, since the experimental variable (in this work, $[\mathrm{PFH}]_{\mathrm{o}}$ ) appears in the second member as denominator of the mole fraction variables (in the most general case, $[\mathrm{PFH}]_{\mathrm{o}}=[\mathrm{PFH}]+$ $[\beta C D \cdot P F H]+n\left[\mathrm{PFH}_{n}\right]$ ). A more convenient expression can be obtained by multiplying both members of (3) by $[\mathrm{PFH}]_{\mathrm{o}}$, yielding

$$
\begin{align*}
& \Delta \delta[\mathrm{PFH}]_{\mathrm{o}} \approx\left([\beta \mathrm{CD} \cdot \mathrm{PFH}]-[\mathrm{PFH}]_{\mathrm{o}}\right) \\
& \times\left(\delta_{\beta \mathrm{CD} \cdot \mathrm{PFH}}^{\mathrm{o}}-\delta_{\mathrm{PFH}}^{\mathrm{o}}\right)+n[\mathrm{PFHn}]\left(\delta_{\mathrm{PFH}}^{\mathrm{o}}\right) \tag{4}
\end{align*}
$$

The plot of $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ vs. $[\mathrm{PFH}]_{\text {o }}$ can be easily interpreted using (4), as the second member terms essentially indicate how [ $\beta \mathrm{CD} \cdot \mathrm{PFH}$ ] and $\left[\mathrm{PFH}_{\mathrm{n}}\right]$ vary with $[\mathrm{PFH}]_{o}$. Note that the recorded chemical shift variations, $\Delta \delta$, refer to specific sets of magnetically equivalent fluorine atoms. In the second member of (4), this specificity is conveyed by the $\Delta \delta^{\circ}$ coefficients.

For $[\mathrm{PFH}]_{\mathrm{o}}<\mathrm{CMC}$, the second term of the second member of (4) is zero, and two concentration regions need to be considered:
(i) $[\mathrm{PFH}]_{\mathrm{o}} \leq[\beta \mathrm{CD}]_{\mathrm{o}}(=15 \mathrm{mM})$, where the first term is approximately zero, as the estimated value for the apparent inclusion constant ( $K_{\beta \text { CD.PFH }} \geq 10^{4}$, see Methods) is high and, consequently, $[\beta \mathrm{CD} \cdot \mathrm{PFH}] \approx[\mathrm{PFH}]_{0}$;
(ii) $[\mathrm{PFH}]_{o}>[\beta \mathrm{CD}]_{\mathrm{o}}$, where the first term can be approximated by $\left([\beta \mathrm{CD}]_{o}-[\mathrm{PFH}]_{\mathrm{o}}\right)\left(\delta^{\mathrm{o}}{ }_{\beta \mathrm{CD} \cdot \mathrm{PFH}}{ }^{-}\right.$ $\delta^{\mathrm{o}}{ }_{\mathrm{PFH}}$ ), with a negative concentration factor $\left([\beta \mathrm{CD}]_{\mathrm{o}}<[\mathrm{PFH}]_{\mathrm{o}}\right)$.

Only for $[\mathrm{PFH}]_{\mathrm{o}}$ above the CMC , does the second term of (4) become significant.

In the absence of $\beta C D$, the concentration factor $\left(x_{\beta \mathrm{CD} \cdot \mathrm{PFH}}-1\right)$ in Eq. 3 is zero, as both $x_{\beta \mathrm{CD} \cdot \mathrm{PFH}}$ and $x_{\beta \text { CD.PFH,i }}$ are zero. Hence, Eq. 4 takes the simpler form

$$
\begin{equation*}
\Delta \delta[\mathrm{PFH}]_{\mathrm{o}} \approx n[\mathrm{PFHn}]\left(\delta_{\mathrm{PFHn}}^{\mathrm{o}}-\delta_{\mathrm{PFH}}^{\mathrm{o}}\right) \tag{5}
\end{equation*}
$$

${ }^{19}$ F NMR chemical shift variations

Figure 3 plots $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ vs. $[\mathrm{PFH}]_{\mathrm{o}}$, in the absence of $\beta \mathrm{CD}$, where the chemical shift variations refer to fluorine atoms bonded to $\mathrm{C} 2, \mathrm{C} 4, \mathrm{C} 6$ and C 7 of PFH . The zero- $\Delta \delta$ solution has $[\mathrm{PFH}]_{\mathrm{o}}=5 \mathrm{mM}$. These plots essentially show two straight lines intercepting at the PFH CMC and can be easily interpreted using Eq. 5. In fact, for $[\mathrm{PFH}]_{\mathrm{o}}$ below the $\mathrm{CMC},\left[\mathrm{PFH}_{\mathrm{n}}\right] \approx 0$ and $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}} \approx 0$, for all the fluorine atoms. In turn, for $[\mathrm{PFH}]_{\mathrm{o}}>\mathrm{CMC}, \quad n\left[\mathrm{PFH}_{\mathrm{n}}\right]=[\mathrm{PFH}]_{\mathrm{o}}-\mathrm{CMC} \quad$ and $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}=\left([\mathrm{PFH}]_{\mathrm{o}}-\mathrm{CMC}\right)\left(\delta^{\mathrm{o}}{ }_{\mathrm{PFHn}}-\delta^{\mathrm{o}}{ }_{\mathrm{PFH}}\right)$. This equation expresses a linear variation with slope $\delta^{\mathrm{o}}{ }_{\mathrm{PFHn}}-\delta^{\mathrm{o}}{ }_{\mathrm{PFH}}$. At higher values of $[\mathrm{PFH}]_{\mathrm{o}}, \Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ decreases linearly with different slopes (C7: -2.3326 ppm; C6: $-1.6624 \mathrm{ppm} ; \mathrm{C} 4:-1.0835 \mathrm{ppm} ; \mathrm{C} 2:-0.5323$ ppm ) corresponding to different $\delta^{\mathrm{o}}{ }_{\mathrm{PFHn}}-\delta^{\mathrm{o}}{ }_{\mathrm{PFH}}$ values. The common intercept with the $[\mathrm{PFH}]_{\mathrm{o}}$ axis (104105 mM ) can be ascribed to the PFH CMC in these media. The absolute values of the slopes increase as the fluorine atoms become more distant from the carboxylate group, thus reflecting the distance from this group (the average Mulliken charge on the fluorine atoms of the $\mathrm{CF}_{3}$ group is $\approx 20 \%$ smaller than for the


Fig. $3 \Delta \delta[\mathrm{PFH}]_{\mathrm{o}}$ vs. $[\mathrm{PFH}]_{\mathrm{o}}$ : chemical shifts changes for fluorine atoms bonded to carbon atoms $\mathrm{C} 2, \mathrm{C} 4, \mathrm{C} 6$ and C 7 of PFH , multiplied by the initial concentration of $\mathrm{PFH},[\mathrm{PFH}]_{\mathrm{o}}$, for defined values of $[\mathrm{PFH}]_{\mathrm{o}}$, in $\mathrm{D}_{2} \mathrm{O}$
fluorine atoms bonded to C 2 ; see Methods for details of the calculation). Being negative ( $\delta^{\mathrm{o}}{ }_{\mathrm{PFHn}}<\delta_{\mathrm{PFH}}^{\mathrm{o}}$ ), one can conclude that the self-association of PFH leads to shielding of the fluorine atoms, as expected.

When $\beta \mathrm{CD}$ is present in solution, interpretation of the $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ vs. $[\mathrm{PFH}]_{\mathrm{o}}$ plots requires Eq. 4. Figure 4 presents $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ vs. $[\mathrm{PFH}]_{\mathrm{o}}$ plots for the fluorine atoms bonded to carbon atoms C 7 (Fig. 4a), C6 (Fig. 4b) and C4 (Fig. 4c), in the presence of $\beta \mathrm{CD}$ $\left([\beta C D]_{\mathrm{o}}=15 \mathrm{mM}\right)$. The corresponding plots in the absence of $\beta \mathrm{CD}$ are also shown, for comparison.

For $[\mathrm{PFH}]_{\mathrm{o}}$ values up to 15 mM (this is the stoichiometric point for the $1: 1$ inclusion in $\beta \mathrm{CD}$ ), the first term of (4) is approximately zero because $[\beta \mathrm{CD} \cdot \mathrm{PFH}] \approx[\mathrm{PFH}]_{\mathrm{o}}$.

From $[\mathrm{PFH}]_{\mathrm{o}}=15 \mathrm{mM}$ up to the PFH CMC , $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ values are approximately zero for the fluorine atoms bonded to C 7 (Fig. 4a), thus suggesting that the corresponding $\delta^{\mathrm{o}}{ }_{\beta \mathrm{CD} \cdot \mathrm{PFH}}{ }^{-} \delta^{\mathrm{o}}{ }_{\mathrm{PFH}}$ coefficient is close to zero, i.e., the $\mathrm{CF}_{3}$ group of the included PFH anion stays outside the $\beta$ CD cavity, a result which is consonant with the calculated geometry for the inclusion complex (see Fig. 1). A similar experimental result is found, to a smaller extent, that is, for a slightly higher $\Delta \delta^{\circ}$ coefficient, for the fluorine atoms bonded to C 6 (Fig. 4b), as these fluorine atoms are near the $\beta \mathrm{CD}$ narrower rim (see Fig. 1).

In turn, for the fluorine atoms bonded to C 4 (Fig. 4c) in the range of concentrations from 15 mM up to the PFH CMC, it can be seen that $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ values are negative and decrease linearly with $[\mathrm{PFH}]_{\mathrm{o}}$ (fitting of the $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ values at $[\mathrm{PFH}]_{\mathrm{o}}=30,50,80$ and 100 mM yields a slope equal to $-0,6045$ with $R^{2}=0.9984$; for $\Delta \delta=0$, this straight line yields $[\mathrm{PFH}]_{\mathrm{o}}=16 \mathrm{mM}$, that is, slightly above $[\beta \mathrm{CD}]_{\mathrm{o}}$ ).

Since the $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ values and the concentration factor for the first term of Eq. 4 are both negative $\left([\beta \mathrm{CD} \cdot \mathrm{PFH}] \approx[\beta \mathrm{CD}]_{\mathrm{o}}<[\mathrm{PFH}]_{\mathrm{o}}\right)$, one concludes that the $\delta^{\mathrm{o}}{ }_{\beta \mathrm{CD} \cdot \mathrm{PFH}^{-}} \delta^{\mathrm{o}}{ }_{\mathrm{PFH}}$ coefficient, if significant, is positive, that is, $\delta^{\mathrm{o}}{ }_{\beta \mathrm{CD} \cdot \mathrm{PFH}}>\delta^{\mathrm{o}}{ }_{\mathrm{PFH}}$. This result (the inclusion of PFH in $\beta \mathrm{CD}$ leads to deshielding of the fluorine atoms) suggests that, for a PFH molecule, the $\beta \mathrm{CD}$ cavity provides a more polar environment than the cage of water molecules around the perfluorinated fragment of PFH in the bulk solvent.

In the range of concentrations above CMC , $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ decrease linearly with $[\mathrm{PFH}]_{\mathrm{o}}$ (fitting of the $\Delta \delta \cdot[\mathrm{PFH}]_{\mathrm{o}}$ values at $[\mathrm{PFH}]_{\mathrm{o}}=150,175$ and 200 mM yields the slope -1.6083 ). Taking into consideration the non-zero slope in the previous range of concentrations, from 15 mM up to the CMC , one can easily arrive at the CMC value in the presence of $\beta \mathrm{CD}, 116 \mathrm{mM}$. This value should be compared with 104 mM , in the absence


Fig. $4 \Delta \delta[\mathrm{PFH}]_{\mathrm{o}}$ vs. $[\mathrm{PFH}]_{\mathrm{o}}:{ }^{19} \mathrm{~F}$ chemical shift variations multiplied by the initial concentration of PFH , in $\mathrm{D}_{2} \mathrm{O}$, in the absence $(\boldsymbol{\bullet})$ and presence $(\bullet)$ of $\beta \mathrm{CD}$, for fluorine atoms bonded to (a) C7; (b) C6; (c) C4
of $\beta \mathrm{CD}$, as mentioned above. The difference in these CMC values can be reasonably accounted for by the inclusion of PFH in $\beta \mathrm{CD}$. In addition, these CMC values closely agree with those obtained from chemical
shift data for other PFH fluorine atoms, thus supporting the assumptions, which led to model Eq. 4.

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[^0]:    S. Lima ( $\triangle$ ) • C. Andrade-Dias
    A. M. A. Dias • I. M. Marrucho • J. A. P. Coutinho J. J. C. Teixeira-Dias Department of Chemistry, University of Aveiro, CICECO, 3810-193 Aveiro, Portugal
    e-mail: slima@dq.ua.pt

